

P^{ORTHOLE}

Presidio Yacht Club / Travis Marina

THIRD QUARTER 2009

FROM THE EDITOR'S DESK

Well, the Porthole has a new editor. Former member Jennifer Schripsema has been working on this project for many years - even long after she and her husband moved away from the bay area. Now the torch passes to me. Of course I am nowhere near as artistic and creative. The task has also surprised me. It is a lot more work than I had imagined, which makes me appreciate Jen's hard work that much more. Especially since this is the first newsletter I have ever attempted. But, I am learning and I hope to improve as time goes on.

Jason Funk

EIGHT BELLS

We regret to have to report the passing of two former members.

Lowell Jett passed away August 29, 2009. His family tells us that he lived 59 years in the Mill Valley in a home he built. He leaves a legacy of service, friendship, and love. Involved in Lions, scouting, and yachting. He will be missed by many family members and friends. He was a devoted husband and father, a Lehigh grad, and a Navy man. Lowell was stationed in Pearl Harbor on Dec 7, 1941 but was out at sea for training when the attack took place. He was later serving in the Pacific when his ship was torpedoed but the ship prevailed. After raising his children he became commodore of the Sausalito Cruising Club as well as the club racing champion. He later kept his Triton sailing yacht at the Presidio Yacht Club where he was a valuable member actively participating in many club activities.

From Manny Mier we heard about the passing of Noel Ducket. Noel was the husband of past commodore Jane Piereth (1994). They were avid and valuable members of the Presidio Yacht Club for many years. Noel was also a past commodore of the Master Mariner's



Association (1997-98). He was the long time owner of Westerly, a 30' Dunnigan wooden sailboat that he and the family successfully raced for years. Noel and Jane were superior instructors in the sail training program as well. They represented PYC as delegates to PICYA. Several years ago they moved to Weed where they became horse people after building a home. Noel was a loving husband and father as well as an accomplished yachtsman. He and Jane attended the PYC 50th anniversary celebration in May where all were happy to see a great friend.

VICE COMMODORE'S REPORT

These last few months have been fun.

This year we had two cruise-outs. The first one was to Petaluma. This was the first cruise-out I have ever been a part of and I was not disappointed. I enjoyed it a great deal. It was a little bit of an adventure motoring up the river. I almost ran Mark's boat aground on some silt trying to navigate the narrow channel, but his trusty craft never stopped. The weather was warm and beautiful throughout the trip. It was also the first time I've ever been on a boat navigating under a draw bridge. Downtown Petaluma was a really great place to visit and the Petaluma Yacht Club hosted us well. Mark organized the trip with the Sausalito Yacht Club and arranged several great dinners for us. That weekend Petaluma also hosted a wine and jazz festival, which was also a lot of fun. On Saturday several members of our club joined those of us that cruised up on Friday for the day. I took a lot of great pictures of the trip up and around Petaluma. Unfortunately I cannot show you any of those pictures because I made a classic error in judgment. I placed the camera on one of seats on the way back. Then



the boat heeled and the camera slid off the seat ... right into the river! To cap off the trip at the end while I was helping with the dock lines, a seagull decided to drop a fish on my head. Seriously. I'm not making that up. Just ask Mark. He saw it happen.

Our next cruise-out was to Treasure Island with the Beauchamps and the River View Yacht Club. As in Petaluma, the Treasure Island Yacht Club hosted us well by allowing us to take part in their pig roast. The food was excellent. That weekend was also the weekend for the San Francisco Dragon Boat Festival. A dragon boat, I learned, is a long narrow boat with a paddling crew of about twenty, an oarsman, and a slave driver. They probably have another name for that crew member, but there is a person that sits at the bow of the boat and beats a cadence on a large drum. It is a race. These boats line up abreast and take-off down a straight course 500 meters long starting from a dead stop. Of course, the first boat to the finish, wins. There are elimination heats and the winners work their way up to compete against each other. There were several divisions including one for bay area high schools. It was fun to watch! And the weather was great the whole weekend.

Our racing season is officially over. As I mentioned before, the first few races were lacking in wind, but the year finished off well. Those that crewed in the races had a lot of fun. We even had some new people race with us this year. It was good to see more boats at the start. I have totaled up the results and can announce that Louis Canotas has won the Baxter-Judson trophy for 2009. A new racer, Steve Hocking, came in a close second and Jon Rolien, who racing several different boats, included some of the club's, came in neck and neck with Jack Gordon. The Lady Skipper's Race had three starters including Jean Rolien, Henriette Gordon, and Jennifer Thornton, who raced Warrior with the only all women crew. Jon and Jack duck taped their mouths before the start so as to not interfere with their wives skippering. Jean Rolien, borrowing Louie's Jazman, won the race. Congratulations to all!

The Dolphin Club has a new member: Rad, our new maintenance person. He was in the sail training



class on Wild Blue Yonder near the Golden Gate Bridge when he decided to take a swim. The class was practicing MOB drills when Rad made a classic mistake and went MOB. He got to experience it firsthand and his classmates got to do the drill for real. Rad told me he was in the water for not more than ten minutes and he seems to be not the worse for wear.

We have had several more great dinners and I want to thank everyone involved. I also need to remind everyone to make a reservation with the Rear Commodore so that those preparing the meal know how much to cook. We need to know one week prior. After that, we are pretty much committed. It is very embarrassing to run out of food and expensive to the club to have too much food left over. Starting after the change of watch, we will experiment with a new scheme. Those that make a reservations at least a week prior will get a small discount. Those that don't will pay full price.

Boat U.S. has offered all of our club members a half-price discount on their membership. Those that are renewing Boat U.S. members or are thinking about becoming members can quote group number GA83983Y to get the discount.

Jason Funk

REAR COMMODORE'S REPORT

It has been a good year. I have enjoyed being the Rear Commodore and coordinating the monthly dinners. It is the one thing that we all do as a club together as not everyone races or goes on cruises-outs.

CALENDAR

November

14

Workday. Saturday Morning. 9:00 AM - 1:00 PM. Come help with dock and building maintenance. Half-priced burgers & drink for all workers.

Change of Watch. 6:30 PM. Join us to thank the past bridge officers and welcome the new bridge.

Workday Dinner. 7:00 PM. Reservations required! E-mail Mark Tishler at "marktishler@aim.com".

December

12

Workday. Saturday Morning. 9:00 AM - 1:00 PM. Come help with dock and building maintenance. Half-priced burgers & drink for all workers.

13

Children's Christmas Party. A special day for our military families! Santa arrives by boat!

31

New Year's Eve Party.

I became the Rear Commodore in November of last year and I can still remember Louis and Caitlin Canotas' stuffed loin of pork and squash soup. I have asked Lou to do a repeat performance for this year's Change of Watch dinner, so maybe you can help me persuade him.

In December, we had the Christmas Party and there were lots of little happy faces there. It was a great party for all the Travis folks that came down thanks to all of the volunteers. Manny and Pat Mier also put on a New Years Eve party that was very well attended.

In January, partly due to our popular guest speaker Roz Savage, we had a huge attendance which was only surpassed by the Crab Feed in February, which brought in over a hundred folks down to the club. We also had a Superbowl Potluck which was a lot of fun. In March we celebrated St. Patrick's Day with corned beef and cabbage and even some Irish songs played by our hosts Don and Karla Kavanaugh. In April, we were again treated to a very gourmet meal and "an Evening in Paris" by the Beauchamps. May was our fiftieth anniversary and we had a very well attended celebration. There was a July 4th BBQ with the traditional hamburgers and hot dogs. In June, Bob Thompson prepared BBQ Tri-tip for us with potatoes and beans. The tri-tip was superb and I have been trying to duplicate his rub ever since and believe that it is approximately one cup of salt, one cup of crushed garlic, and one cup of black pepper. Ask Bob and see if I am close. In August, I prepared my famous Chicken



Picatta (the secret is lots of fresh squeezed lemon juice, a little white wine, lots of capers, and freshly chopped parsley).

We had a delicious September dinner, prepared by Steve Peters, a Chicken Marsala with Garlic Potatoes (and there was no shortage of garlic there). So in October, after the air show and all the Fleet Week activities we looked forward to Bob Thompson preparing BBQ Top Sirloin, with potatoes, beans, salad, wine, desert, coffee, and brandy. Not a bad deal for twenty bucks.

So with this being my last SitRep as Rear Commodore, let me welcome our new Rear Commodore James Pennington and let me implore you one last time to RSVP for the dinners. The hardest part about this job has been trying to prognosticate how many people we will have for dinner so that the cooks can buy the correct amount of food and wine.

Mark Tishler

PORT CAPTIAN'S REPORT

Never have the defects of old age been as apparent as the last two plus weeks when we lost three pilings. One was wooden, plain old age, the other two were previously broken and repaired by our members with PVC and broke again. We are not quite sure why the PVC failed but the best examination we could do leads to the conclusion that the concrete failed to set around the top of the old stump, hence no firm grip. We are trying again with heavier thickness PVC, thicker rebar, and quicker setting cement.

Beyond that, the last two months we have repaired/re-floated three fingers quite successfully. When we get the railway repaired, we will be able to haul out the whaler which needs cleaning, bow repair, and painting. Slowly, slowly we make progress.

Jack Gordon

RBOC NEWS

From Manny, one of our PICYA delegates, we have a new warning from the Recreational Boaters of California (RBOC):

The California State Water Resources Control Board (SWRCB) is moving forward with a proposed requirement that marinas and clubs with 10 or more slips and moorings obtain a state permit and comply with a number of requirements.

The use of the word "coastal" in the permit name is a misnomer. The text of the proposal states that it would be required of moorings and marinas located inland in estuaries, bays and fresh waters such as the San-Joaquin Delta, lakes and reservoirs. The scope could also be expanded

as the proposal moves forward.

Initial estimates are that compliance with the permit requirements would impose an annual cost of \$250,000 per year on each marina and club.

There is no way to tell if the fee can be applied to the Travis marina since it is on federal land, but even if we are not effected directly, every other marina will be, which means higher fees for fuel, guest docking, maintenance, and other services as marinas attempt to recover the extra cost. Standby for more news.

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www.presidioyachtclub.org
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Disclaimer: The views expressed in this newsletter are those of the respective authors and do not necessarily reflect the views of the Presidio Yacht Club, Travis Marina, or the U.S. Air Force.

GOLDEN GATE BRIDGE
 Predicted Tidal Current October, 2009
 NOAA, National Ocean Service

Day	Slack	Time	Current	Slack	Time	Current	Slack	Time	Current	Slack	Time	Current	Slack
1		0232	-2.0	0550	0856	+3.1	1209	1455	-1.8	1812	2107	+2.5	
2	0004	0313	-2.0	0619	0926	+3.2	1231	1529	-2.0	1848	2147	+2.7	
3	0046	0352	-2.0	0648	0958	+3.3	1255	1557	-2.1	1921	2228	+2.9	
4	0128	0431	-1.8	0716	1033	+3.3	1322	1614	-2.3	1954	2309	+2.9	
5	0210	0509	-1.7	0746	1110	+3.3	1351	1629	-2.5	2029	2352	+3.0	
6	0255	0545	-1.5	0818	1149	+3.2	1425	1659	-2.7	2108			
7		0037	+2.9	0345	0622	-1.2	0853	1230	+3.0	1502	1737	-2.7	2152
8		0125	+2.8	0441	0709	-1.0	0933	1315	+2.8	1545	1821	-2.7	2243
9		0220	+2.6	0547	0823	-0.7	1020	1406	+2.4	1635	1913	-2.5	2345
10		0323	+2.5	0706	0938	-0.7	1122	1506	+2.1	1735	2017	-2.2	
11	0059	0432	+2.6	0825	1046	-0.8	1244	1615	+2.0	1848	2202	-1.9	
12	0218	0540	+2.8	0924	1148	-1.1	1428	1729	+2.1	2010	2341	-2.0	
13	0326	0641	+3.1	1008	1246	-1.5	1552	1842	+2.4	2128			
14		0050	-2.1	0423	0732	+3.4	1047	1338	-1.9	1658	1947	+2.8	2237
15		0148	-2.2	0513	0818	+3.6	1124	1424	-2.3	1754	2043	+3.2	2339
16		0239	-2.2	0558	0901	+3.7	1200	1507	-2.6	1845	2135	+3.4	
17	0036	0328	-2.0	0640	0943	+3.7	1237	1548	-2.7	1933	2225	+3.5	
18	0130	0416	-1.9	0719	1024	+3.5	1313	1628	-2.7	2020	2315	+3.5	
19	0224	0505	-1.6	0756	1105	+3.2	1350	1707	-2.6	2105			
20		0002	+3.3	0318	0553	-1.4	0830	1146	+2.9	1428	1745	-2.4	2150
21		0050	+3.0	0415	0643	-1.1	0904	1226	+2.5	1506	1821	-2.2	2234
22		0139	+2.8	0518	0735	-0.9	0941	1308	+2.1	1546	1900	-1.9	2319
23		0232	+2.5	0628	0831	-0.7	1025	1354	+1.7	1630	2002	-1.6	
24	0007	0331	+2.3	0741	0930	-0.6	1122	1447	+1.4	1723	2121	-1.4	
25	0100	0432	+2.2	0843	1028	-0.7	1245	1551	+1.1	1832	2228	-1.3	
26	0156	0531	+2.3	0929	1123	-0.8	1426	1704	+1.1	1954	2328	-1.3	
27	0249	0620	+2.4	1003	1216	-1.1	1538	1820	+1.3	2111			
28		0024	-1.4	0334	0701	+2.6	1029	1302	-1.4	1631	1919	+1.7	2212
29		0114	-1.5	0414	0735	+2.8	1052	1343	-1.7	1715	2006	+2.1	2305
30		0200	-1.6	0449	0808	+2.9	1114	1419	-2.0	1754	2048	+2.4	2351
31		0242	-1.6	0523	0843	+3.1	1139	1449	-2.2	1830	2128	+2.7	

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 Predicted Tidal Current November, 2009
 NOAA, National Ocean Service

Day	Slack	Time	Current	Slack	Time	Current	Slack	Time	Current	Slack	Time	Current	Slack
1	0036	0224	-1.5	0455	0819	+3.1	1107	1411	-2.5	1805	2110	+2.9	
2	0020	0305	-1.4	0529	0857	+3.2	1138	1427	-2.7	1841	2153	+3.1	
3	0105	0347	-1.3	0606	0938	+3.2	1213	1455	-2.9	1918	2237	+3.2	
4	0153	0431	-1.2	0644	1021	+3.1	1251	1532	-3.1	1959	2323	+3.3	
5	0244	0517	-1.0	0727	1106	+3.0	1333	1615	-3.1	2044			
6		0011	+3.2	0339	0611	-0.9	0816	1154	+2.7	1419	1703	-2.9	2133
7		0103	+3.2	0439	0714	-0.9	0914	1247	+2.4	1512	1756	-2.6	2227
8		0200	+3.1	0543	0820	-0.9	1025	1348	+2.1	1614	1904	-2.2	2327
9		0301	+3.0	0645	0923	-1.1	1155	1458	+1.9	1731	2054	-1.9	
10	0033	0403	+3.1	0739	1023	-1.4	1332	1615	+2.0	1858	2218	-1.7	
11	0139	0503	+3.2	0825	1120	-1.8	1449	1731	+2.3	2022	2326	-1.7	
12	0239	0558	+3.3	0907	1212	-2.2	1552	1838	+2.7	2136			
13		0025	-1.6	0332	0646	+3.4	0946	1300	-2.5	1647	1935	+3.1	2242
14		0119	-1.6	0420	0731	+3.4	1025	1343	-2.7	1737	2027	+3.3	2340
15		0209	-1.5	0504	0814	+3.3	1103	1424	-2.7	1824	2116	+3.4	
16	0035	0258	-1.4	0545	0856	+3.1	1141	1505	-2.7	1909	2204	+3.4	
17	0129	0348	-1.2	0624	0938	+2.9	1218	1545	-2.6	1952	2250	+3.3	
18	0222	0437	-1.1	0702	1019	+2.6	1256	1625	-2.5	2033	2334	+3.2	
19	0315	0526	-1.0	0741	1100	+2.3	1335	1704	-2.3	2111			
20		0018	+3.0	0409	0616	-0.9	0823	1142	+2.0	1414	1745	-2.1	2146
21		0101	+2.8	0503	0708	-0.8	0912	1227	+1.7	1457	1835	-1.8	2221
22		0147	+2.7	0556	0801	-0.8	1009	1317	+1.4	1546	1941	-1.6	2257
23		0234	+2.5	0645	0855	-0.9	1121	1415	+1.1	1648	2046	-1.4	2338
24		0323	+2.5	0726	0946	-1.0	1249	1523	+1.1	1808	2146	-1.2	
25	0023	0411	+2.5	0759	1036	-1.2	1405	1639	+1.2	1934	2243	-1.1	
26	0111	0457	+2.5	0826	1122	-1.5	1504	1749	+1.5	2048	2336	-1.1	
27	0158	0540	+2.6	0853	1204	-1.8	1552	1843	+1.9	2149			
28		0026	-1.1	0242	0622	+2.8	0922	1240	-2.1	1634	1928	+2.3	2242
29		0113	-1.1	0323	0703	+2.9	0952	1310	-2.4	1713	2011	+2.7	2330
30		0157	-1.1	0405	0744	+3.0	1026	1333	-2.7	1752	2054	+3.0	

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 NOAA, National Ocean Service

Day	Slack	Time	Current	Slack	Time	Current	Slack	Time	Current	Slack	Time	Current	Slack
1	0016	0242	-1.1	0448	0828	+3.1	1104	1358	-3.0	1831	2138	+3.3	
2	0102	0329	-1.0	0534	0913	+3.1	1144	1434	-3.2	1911	2222	+3.5	
3	0149	0417	-1.0	0622	0959	+3.1	1227	1517	-3.3	1953	2308	+3.6	
4	0237	0507	-1.1	0714	1048	+3.0	1314	1604	-3.2	2036	2354	+3.7	
5	0325	0559	-1.1	0811	1138	+2.8	1403	1654	-3.0	2120			
6		0042	+3.6	0415	0655	-1.2	0914	1232	+2.5	1459	1750	-2.7	2206
7		0134	+3.5	0507	0754	-1.3	1027	1332	+2.2	1602	1901	-2.2	2255
8		0228	+3.3	0559	0854	-1.4	1152	1441	+2.0	1718	2037	-1.8	2348
9		0325	+3.2	0652	0952	-1.7	1321	1559	+1.9	1847	2153	-1.5	
10	0047	0424	+3.1	0742	1049	-1.9	1438	1719	+2.1	2019	2300	-1.3	
11	0149	0521	+3.0	0828	1145	-2.2	1542	1829	+2.5	2140			
12		0002	-1.1	0248	0614	+3.0	0912	1237	-2.4	1638	1926	+2.9	2248
13		0058	-1.1	0342	0703	+3.0	0954	1323	-2.6	1728	2017	+3.1	2346
14		0150	-1.1	0431	0748	+2.9	1035	1406	-2.7	1813	2105	+3.3	
15	0039	0240	-1.0	0517	0831	+2.8	1115	1448	-2.7	1855	2150	+3.4	
16	0128	0329	-1.0	0600	0914	+2.6	1154	1530	-2.6	1934	2233	+3.4	
17	0214	0418	-1.0	0642	0956	+2.5	1232	1611	-2.6	2010	2312	+3.4	
18	0258	0505	-1.0	0724	1037	+2.3	1311	1652	-2.5	2042	2350	+3.3	
19	0339	0551	-1.0	0808	1119	+2.1	1351	1732	-2.3	2112			
20		0026	+3.2	0417	0637	-1.0	0855	1202	+1.8	1433	1814	-2.1	2139
21		0102	+3.0	0454	0724	-1.0	0945	1248	+1.6	1519	1904	-1.7	2208
22		0142	+2.8	0530	0813	-1.0	1042	1341	+1.3	1615	2003	-1.4	2241
23		0224	+2.7	0606	0901	-1.1	1152	1443	+1.2	1726	2103	-1.1	2319
24		0310	+2.5	0642	0949	-1.3	1315	1555	+1.2	1855	2202	-0.9	
25	0002	0358	+2.5	0719	1035	-1.5	1427	1712	+1.4	2023	2259	-0.8	
26	0050	0449	+2.5	0756	1120	-1.7	1524	1817	+1.8	2136	2355	-0.7	
27	0142	0539	+2.6	0834	1200	-2.1	1612	1908	+2.2	2235			
28		0046	-0.8	0234	0629	+2.7	0914	1236	-2.4	1656	1953	+2.7	2324
29		0135	-0.8	0327	0717	+2.9	0955	1309	-2.8	1738	2037	+3.1	
30	0009	0223	-0.9	0422	0804	+3.0	1039	1346	-3.0	1818	2121	+3.5	
31	0051	0312	-1.0	0517	0853	+3.1	1125	1428	-3.2	1859	2205	+3.8	

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TIDES

October - San Francisco

Date	Day	Time	Height		Time	Height		Time	Height		Time	Height	
10/01/2009	Thu	04:09AM	LDT 0.8	L	10:53AM	LDT 5.2	H	04:36PM	LDT 1.6	L	10:42PM	LDT 5.2	H
10/02/2009	Fri	04:40AM	LDT 0.9	L	11:15AM	LDT 5.4	H	05:09PM	LDT 1.1	L	11:27PM	LDT 5.2	H
10/03/2009	Sat	05:10AM	LDT 1.2	L	11:38AM	LDT 5.7	H	05:43PM	LDT 0.7	L			
10/04/2009	Sun	12:13AM	LDT 5.1	H	05:40AM	LDT 1.5	L	12:04PM	LDT 5.8	H	06:18PM	LDT 0.3	L
10/05/2009	Mon	12:59AM	LDT 5.0	H	06:11AM	LDT 1.8	L	12:32PM	LDT 6.0	H	06:56PM	LDT 0.0	L
10/06/2009	Tue	01:49AM	LDT 4.8	H	06:45AM	LDT 2.2	L	01:03PM	LDT 6.1	H	07:38PM	LDT -0.2	L
10/07/2009	Wed	02:44AM	LDT 4.6	H	07:22AM	LDT 2.6	L	01:41PM	LDT 6.1	H	08:26PM	LDT -0.3	L
10/08/2009	Thu	03:47AM	LDT 4.4	H	08:06AM	LDT 2.9	L	02:25PM	LDT 6.0	H	09:21PM	LDT -0.3	L
10/09/2009	Fri	05:00AM	LDT 4.3	H	09:03AM	LDT 3.2	L	03:19PM	LDT 5.9	H	10:25PM	LDT -0.2	L
10/10/2009	Sat	06:16AM	LDT 4.3	H	10:20AM	LDT 3.4	L	04:24PM	LDT 5.7	H	11:35PM	LDT -0.1	L
10/11/2009	Sun	07:24AM	LDT 4.5	H	11:52AM	LDT 3.3	L	05:40PM	LDT 5.5	H			
10/12/2009	Mon	12:45AM	LDT 0.0	L	08:17AM	LDT 4.9	H	01:14PM	LDT 2.8	L	06:59PM	LDT 5.4	H
10/13/2009	Tue	01:46AM	LDT 0.1	L	09:01AM	LDT 5.2	H	02:20PM	LDT 2.2	L	08:15PM	LDT 5.4	H
10/14/2009	Wed	02:39AM	LDT 0.2	L	09:39AM	LDT 5.6	H	03:17PM	LDT 1.5	L	09:24PM	LDT 5.4	H
10/15/2009	Thu	03:26AM	LDT 0.5	L	10:14AM	LDT 5.9	H	04:07PM	LDT 0.8	L	10:26PM	LDT 5.4	H
10/16/2009	Fri	04:09AM	LDT 0.8	L	10:48AM	LDT 6.2	H	04:53PM	LDT 0.1	L	11:25PM	LDT 5.3	H
10/17/2009	Sat	04:50AM	LDT 1.2	L	11:21AM	LDT 6.3	H	05:37PM	LDT -0.3	L			
10/18/2009	Sun	12:20AM	LDT 5.2	H	05:30AM	LDT 1.7	L	11:53AM	LDT 6.4	H	06:20PM	LDT -0.6	L
10/19/2009	Mon	01:14AM	LDT 5.0	H	06:09AM	LDT 2.1	L	12:26PM	LDT 6.3	H	07:02PM	LDT -0.7	L
10/20/2009	Tue	02:08AM	LDT 4.8	H	06:50AM	LDT 2.6	L	01:00PM	LDT 6.2	H	07:44PM	LDT -0.6	L
10/21/2009	Wed	03:03AM	LDT 4.6	H	07:34AM	LDT 2.9	L	01:36PM	LDT 5.9	H	08:29PM	LDT -0.4	L
10/22/2009	Thu	04:03AM	LDT 4.5	H	08:23AM	LDT 3.2	L	02:17PM	LDT 5.6	H	09:19PM	LDT -0.1	L
10/23/2009	Fri	05:07AM	LDT 4.4	H	09:24AM	LDT 3.4	L	03:05PM	LDT 5.3	H	10:13PM	LDT 0.2	L
10/24/2009	Sat	06:14AM	LDT 4.4	H	10:41AM	LDT 3.5	L	04:01PM	LDT 5.0	H	11:13PM	LDT 0.5	L
10/25/2009	Sun	07:12AM	LDT 4.4	H	12:04PM	LDT 3.3	L	05:07PM	LDT 4.7	H			
10/26/2009	Mon	12:13AM	LDT 0.7	L	07:58AM	LDT 4.6	H	01:13PM	LDT 3.0	L	06:19PM	LDT 4.5	H
10/27/2009	Tue	01:08AM	LDT 0.8	L	08:32AM	LDT 4.8	H	02:09PM	LDT 2.5	L	07:31PM	LDT 4.4	H
10/28/2009	Wed	01:56AM	LDT 1.0	L	09:01AM	LDT 5.0	H	02:55PM	LDT 2.0	L	08:37PM	LDT 4.5	H
10/29/2009	Thu	02:38AM	LDT 1.1	L	09:26AM	LDT 5.3	H	03:34PM	LDT 1.4	L	09:36PM	LDT 4.5	H
10/30/2009	Fri	03:15AM	LDT 1.4	L	09:51AM	LDT 5.5	H	04:10PM	LDT 0.9	L	10:31PM	LDT 4.6	H
10/31/2009	Sat	03:51AM	LDT 1.6	L	10:18AM	LDT 5.8	H	04:45PM	LDT 0.3	L	11:23PM	LDT 4.7	H

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November - San Francisco

Date	Day	Time	Height		Time	Height		Time	Height	Time	Height		
11/01/2009	Sun	03:26AM	LST 1.9	L	09:46AM	LST 6.0	H	04:20PM	LST -0.2	L	11:13PM	LST 4.7	H
11/02/2009	Mon	04:02AM	LST 2.2	L	10:17AM	LST 6.3	H	04:58PM	LST -0.7	L			
11/03/2009	Tue	12:04AM	LST 4.7	H	04:39AM	LST 2.5	L	10:52AM	LST 6.4	H	05:38PM	LST -1.0	L
11/04/2009	Wed	12:56AM	LST 4.7	H	05:19AM	LST 2.8	L	11:30AM	LST 6.5	H	06:23PM	LST -1.1	L
11/05/2009	Thu	01:51AM	LST 4.6	H	06:05AM	LST 3.0	L	12:14PM	LST 6.4	H	07:12PM	LST -1.1	L
11/06/2009	Fri	02:49AM	LST 4.6	H	06:58AM	LST 3.2	L	01:05PM	LST 6.2	H	08:06PM	LST -0.9	L
11/07/2009	Sat	03:49AM	LST 4.6	H	08:05AM	LST 3.3	L	02:03PM	LST 5.9	H	09:05PM	LST -0.6	L
11/08/2009	Sun	04:49AM	LST 4.8	H	09:27AM	LST 3.2	L	03:11PM	LST 5.5	H	10:08PM	LST -0.3	L
11/09/2009	Mon	05:44AM	LST 5.0	H	10:53AM	LST 2.8	L	04:28PM	LST 5.1	H	11:09PM	LST 0.1	L
11/10/2009	Tue	06:32AM	LST 5.3	H	12:11PM	LST 2.2	L	05:51PM	LST 4.8	H			
11/11/2009	Wed	12:08AM	LST 0.5	L	07:16AM	LST 5.7	H	01:15PM	LST 1.4	L	07:13PM	LST 4.6	H
11/12/2009	Thu	01:01AM	LST 0.9	L	07:55AM	LST 6.0	H	02:11PM	LST 0.7	L	08:28PM	LST 4.6	H
11/13/2009	Fri	01:50AM	LST 1.3	L	08:33AM	LST 6.3	H	03:00PM	LST 0.0	L	09:35PM	LST 4.7	H
11/14/2009	Sat	02:36AM	LST 1.8	L	09:08AM	LST 6.4	H	03:44PM	LST -0.5	L	10:35PM	LST 4.7	H
11/15/2009	Sun	03:20AM	LST 2.2	L	09:43AM	LST 6.5	H	04:26PM	LST -0.8	L	11:30PM	LST 4.8	H
11/16/2009	Mon	04:03AM	LST 2.5	L	10:17AM	LST 6.4	H	05:06PM	LST -1.0	L			
11/17/2009	Tue	12:21AM	LST 4.8	H	04:46AM	LST 2.8	L	10:51AM	LST 6.3	H	05:44PM	LST -1.0	L
11/18/2009	Wed	01:10AM	LST 4.7	H	05:29AM	LST 3.1	L	11:27AM	LST 6.1	H	06:24PM	LST -0.8	L
11/19/2009	Thu	01:58AM	LST 4.6	H	06:13AM	LST 3.2	L	12:04PM	LST 5.9	H	07:04PM	LST -0.6	L
11/20/2009	Fri	02:46AM	LST 4.6	H	07:01AM	LST 3.4	L	12:45PM	LST 5.6	H	07:46PM	LST -0.3	L
11/21/2009	Sat	03:33AM	LST 4.5	H	07:57AM	LST 3.4	L	01:29PM	LST 5.3	H	08:31PM	LST 0.0	L
11/22/2009	Sun	04:20AM	LST 4.5	H	09:04AM	LST 3.4	L	02:20PM	LST 4.9	H	09:19PM	LST 0.3	L
11/23/2009	Mon	05:04AM	LST 4.6	H	10:19AM	LST 3.2	L	03:18PM	LST 4.5	H	10:08PM	LST 0.6	L
11/24/2009	Tue	05:42AM	LST 4.8	H	11:30AM	LST 2.8	L	04:27PM	LST 4.1	H	10:58PM	LST 1.0	L
11/25/2009	Wed	06:17AM	LST 5.0	H	12:30PM	LST 2.3	L	05:45PM	LST 3.9	H	11:46PM	LST 1.3	L
11/26/2009	Thu	06:49AM	LST 5.2	H	01:20PM	LST 1.7	L	07:06PM	LST 3.8	H			
11/27/2009	Fri	12:33AM	LST 1.7	L	07:20AM	LST 5.5	H	02:03PM	LST 1.0	L	08:21PM	LST 3.9	H
11/28/2009	Sat	01:18AM	LST 2.0	L	07:52AM	LST 5.8	H	02:42PM	LST 0.4	L	09:25PM	LST 4.1	H
11/29/2009	Sun	02:03AM	LST 2.3	L	08:27AM	LST 6.1	H	03:21PM	LST -0.3	L	10:23PM	LST 4.3	H
11/30/2009	Mon	02:46AM	LST 2.6	L	09:03AM	LST 6.4	H	04:00PM	LST -0.8	L	11:15PM	LST 4.5	H

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December - San Francisco

Date	Day	Time	Height		Time	Height		Time	Height	Time	Height		
12/01/2009	Tue	03:30AM	LST 2.8	L	09:43AM	LST 6.6	H	04:42PM	LST -1.3	L			
12/02/2009	Wed	12:04AM	LST 4.7	H	04:15AM	LST 2.9	L	10:26AM	LST 6.8	H	05:25PM	LST -1.5	L
12/03/2009	Thu	12:53AM	LST 4.8	H	05:03AM	LST 3.0	L	11:12AM	LST 6.8	H	06:11PM	LST -1.6	L
12/04/2009	Fri	01:41AM	LST 4.9	H	05:55AM	LST 3.0	L	12:01PM	LST 6.7	H	07:00PM	LST -1.5	L
12/05/2009	Sat	02:30AM	LST 5.0	H	06:54AM	LST 3.0	L	12:55PM	LST 6.4	H	07:50PM	LST -1.1	L
12/06/2009	Sun	03:19AM	LST 5.1	H	08:02AM	LST 2.9	L	01:54PM	LST 5.9	H	08:41PM	LST -0.7	L
12/07/2009	Mon	04:08AM	LST 5.3	H	09:19AM	LST 2.6	L	03:00PM	LST 5.3	H	09:35PM	LST -0.1	L
12/08/2009	Tue	04:56AM	LST 5.5	H	10:39AM	LST 2.2	L	04:17PM	LST 4.7	H	10:30PM	LST 0.5	L
12/09/2009	Wed	05:43AM	LST 5.8	H	11:55AM	LST 1.6	L	05:44PM	LST 4.2	H	11:26PM	LST 1.1	L
12/10/2009	Thu	06:29AM	LST 6.1	H	01:02PM	LST 0.9	L	07:16PM	LST 4.1	H			
12/11/2009	Fri	12:22AM	LST 1.7	L	07:12AM	LST 6.3	H	02:00PM	LST 0.2	L	08:38PM	LST 4.2	H
12/12/2009	Sat	01:17AM	LST 2.2	L	07:54AM	LST 6.4	H	02:51PM	LST -0.3	L	09:48PM	LST 4.4	H
12/13/2009	Sun	02:10AM	LST 2.6	L	08:35AM	LST 6.5	H	03:35PM	LST -0.7	L	10:45PM	LST 4.6	H
12/14/2009	Mon	03:01AM	LST 2.9	L	09:14AM	LST 6.5	H	04:16PM	LST -0.9	L	11:35PM	LST 4.7	H
12/15/2009	Tue	03:48AM	LST 3.1	L	09:53AM	LST 6.4	H	04:54PM	LST -0.9	L			
12/16/2009	Wed	12:19AM	LST 4.8	H	04:33AM	LST 3.2	L	10:30AM	LST 6.3	H	05:30PM	LST -0.9	L
12/17/2009	Thu	01:00AM	LST 4.8	H	05:15AM	LST 3.2	L	11:07AM	LST 6.1	H	06:06PM	LST -0.8	L
12/18/2009	Fri	01:37AM	LST 4.8	H	05:57AM	LST 3.2	L	11:44AM	LST 5.9	H	06:41PM	LST -0.6	L
12/19/2009	Sat	02:12AM	LST 4.7	H	06:40AM	LST 3.2	L	12:23PM	LST 5.7	H	07:16PM	LST -0.4	L
12/20/2009	Sun	02:46AM	LST 4.7	H	07:28AM	LST 3.2	L	01:03PM	LST 5.3	H	07:52PM	LST 0.0	L
12/21/2009	Mon	03:19AM	LST 4.8	H	08:21AM	LST 3.1	L	01:48PM	LST 4.9	H	08:29PM	LST 0.3	L
12/22/2009	Tue	03:51AM	LST 4.9	H	09:22AM	LST 2.9	L	02:39PM	LST 4.5	H	09:08PM	LST 0.8	L
12/23/2009	Wed	04:25AM	LST 5.1	H	10:29AM	LST 2.6	L	03:42PM	LST 4.0	H	09:49PM	LST 1.3	L
12/24/2009	Thu	05:00AM	LST 5.3	H	11:34AM	LST 2.1	L	05:03PM	LST 3.6	H	10:35PM	LST 1.8	L
12/25/2009	Fri	05:37AM	LST 5.5	H	12:33PM	LST 1.5	L	06:40PM	LST 3.5	H	11:26PM	LST 2.2	L
12/26/2009	Sat	06:17AM	LST 5.8	H	01:25PM	LST 0.8	L	08:13PM	LST 3.6	H			
12/27/2009	Sun	12:23AM	LST 2.7	L	07:00AM	LST 6.1	H	02:13PM	LST 0.1	L	09:25PM	LST 3.9	H
12/28/2009	Mon	01:21AM	LST 2.9	L	07:45AM	LST 6.4	H	02:58PM	LST -0.5	L	10:21PM	LST 4.3	H
12/29/2009	Tue	02:16AM	LST 3.1	L	08:33AM	LST 6.7	H	03:43PM	LST -1.0	L	11:09PM	LST 4.6	H
12/30/2009	Wed	03:09AM	LST 3.1	L	09:22AM	LST 6.9	H	04:28PM	LST -1.4	L	11:52PM	LST 4.8	H
12/31/2009	Thu	04:01AM	LST 3.0	L	10:12AM	LST 7.1	H	05:12PM	LST -1.6	L			

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